

- Maria Tomlinson

Self Employed Carer Coach
Founder of the Professional Carers Network

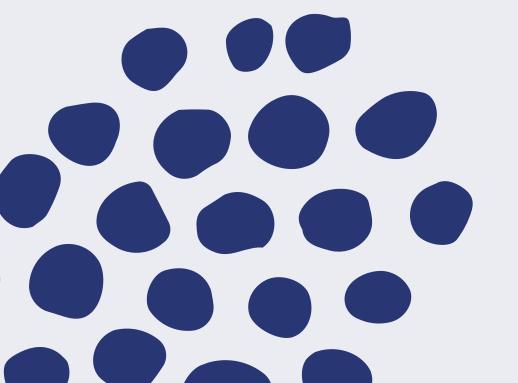
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Terhinology

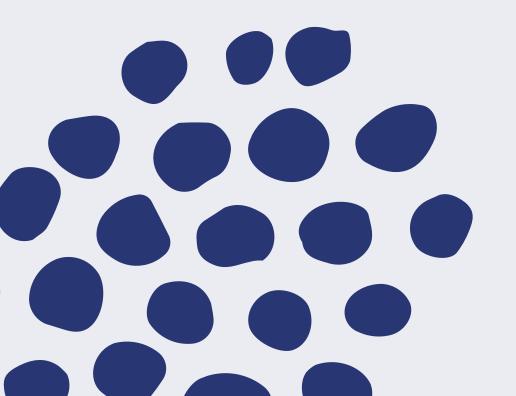




Dersonal Assistant

Care Assistant Independent Carer Carer PA Care Worker Support Worker

A Business Owner





• Delivers care in their local community

Self Employed

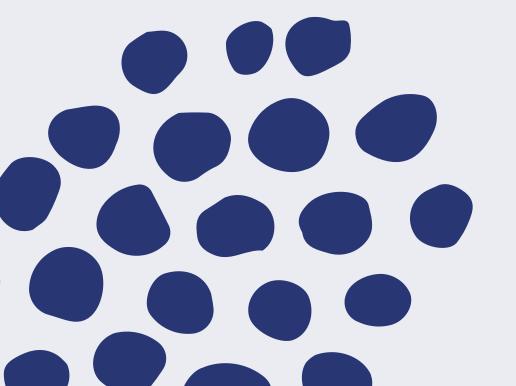
• Not a hobby, you are a business owner!

Can work on your own or with 1/2 carers

• Only ever be your face that walks through their door!



Relationship Based



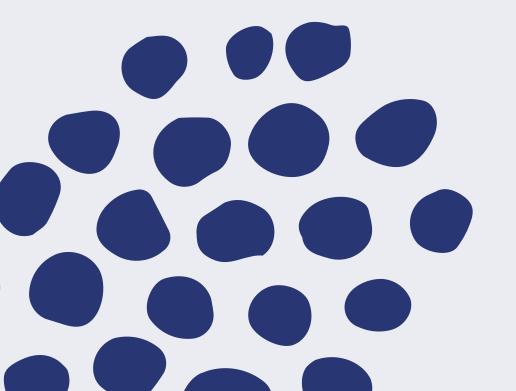
- Works best when a relationship is grown between carer and client
- Look forward to seeing each other
- Has the time to sit and have a chat

- Learn a clients likes and dislikes
- Not just getting their basic needs met
- Tailor your care to the clients likes and dislikes
- Offer quality care activities
- Supporting the family too



Flexible Service

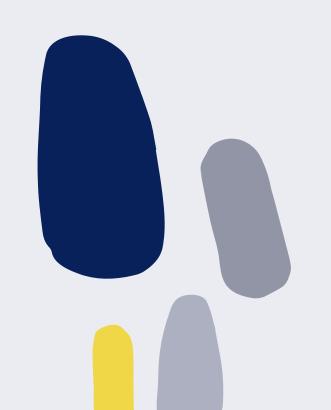




- Can do ANYTHING needed
- Can support to activities
- Supports with wants and wishes not just needs!

- Can make diary adjustments
- Support to health appointments
- Adjust effortlessly to changing needs
- You can suit your own lifestyle too

Promotes Independence





- Stay in their own home
- Remain as independent as possible
- Takes pressure off friends and family

- Less time constraints
- Do not rush people
- Be their confidence boost
- Do the parts they can't do
- Time and Patience

When is using a self employed correr not a good idea!!



Hoisting multiple times a day

• Condition deteriorates

Home safety

• Small support network

Prolong living at home

 Can you meet this person's needs to a high standard?

 If you feel it's too much then sign post them

 If you think you can help, then go for it! You've got this!