



Small Jobs!

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Self-Employed Carer Coach


Founder of the Professional Carers Network



Say Yes!

- Surgery rehab
 - Shower once a week
 - Holiday cover

 - Appointments - sometimes we do say no to this
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Sometimes it is easy to say no as it's not worth your time, effort or energy

but.....

all these jobs will potentially lead to more work





When They Need Care

You will be the first person they ask!



Task!



Consider saying yes to small jobs!

